

# Grade 00 Year plan 2018

Term 1					
Head theme	Week	Date	Days	Theme	Suggested discussions/ Activities
Me	01	17 Jan-19 Jan	03	My school/ Orientation	Literacy: Learn about our school and different toys in our class and how to use them
					Rhyme: Children of School, come to school, hear the bell ringing, hear the bell ringing
					Numeracy: Counting balls according to colour
					Life Skills: What is school all about and rules of the classroom and playground
					Art: Handprints of every child in class. Make a class tree and have each child bring a family photo to frame.
					Perceptual: Figure ground perception activities
					Gross motor skills: Balancing on balancing Beam
					Fine Motor skills: Peg board
					Baking: no baking
	02	22 Jan - 26 Jan	05	My body/Me	Literacy: Introducing compound words
					Rhyme: Head, shoulders. Knees and toes
					Life Skills: discussing different body parts
					Numeracy: Rote counting to 30
					Art: Draw a picture of a person
					Perceptual: OT book Lesson 1-Draw yourself Shape dominoes
					Gross Motor skills: Crab walk
					Fine motor skills: Puzzles
					Baking: Making my face
	03	29 Jan – 2 Feb	05	My body/Me	Literacy: Manipulating compound words
					Rhyme: Put your finger on knees, on your knees
					Numeracy: Sorting colours
					Life Skills: Discussing private space on our bodies, use a swimming costume to illustrate.
					Art: Making a body using different shapes. Using split pins so that the body moves
					Perceptual Skill: OT book Lesson 2
					Gross Motor skills: Eye-hand coordination skills-catching and throwing balls
					Fine Motor Skills: Threading
					Baking: Making myself

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Head theme	Week	Date	Days	Theme	Suggested discussions/ Activities
Food	04	05 Feb - 09 Feb	05	My senses	Literacy: Introducing syllables
					Rhyme: This is the way we scrub our arms
					Numeracy: Recognizing numbers 1- 5
					Life Skills: Discussing the 5 different parts of our bodies and their senses. Taking away a sense and helping a friend that can't see/ speak/ hear for 10 minutes.
					Art - Building a face with cut outs for senses or magazines.
					Perceptual Skill: OT book Lesson 3
					Gross Motor Skills: Skipping and galloping
					Fine Motor Skills: Pencil grip
	Baking: Smelling good and bad food, tasting sweet and sour food				
	05	12 Feb - 16 Feb	05	Hygiene	Literacy: Manipulating syllables
					Rhyme: Where is thumkin, where is thumbkin
					Numeracy: Number telephone
					Life Skills: Discuss why hygiene is important and how to keep ourselves clean.
					Art: Different shaped germs
Perceptual Skill: OT book Lesson 4					
Gross Motor Skill: walking on a straight line and triangles.					
Fine Motor Skills: Match stick puzzle					
Baking: Fruit salad					
06	19 Feb - 23 Feb	05	My Family and the types of food that they eat	Literacy: Vegetables and fruits compound words	
				Rhyme: I'm a little teapot	
				Numeracy: Counting and combining balls	
				Life Skills: Discuss each tribe's main/stable food	
				Art: Big ice-cream stick pictures	
				Perceptual Skills: OT book Lesson 5 Visual discrimination activities	
				Gross Motor Skills: Free Skipping	
				Fine Motor Skills: Cutting and pasting	
				Baking: Making milkshake from ice cream and syrup	

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Head theme	Week	Date	Days	Theme	Suggested discussions/ Activities	
	07	27 Feb - 02 March	04	26 Feb - Mid-term break	What other people eat	Literacy: Discussing dairy products
						Rhyme: Pop! Pop! Pop! (clap) Put the corn into the the pot,
						Numeracy: Categorizing food
						Life Skills: Discuss the food pyramid
						Art: Cut out good food vs bad food. Make a poster, use newspaper and magazine
						Perceptual Skills: OT book Lesson 6 Visual closure activities
						Gross Motor Skills: Jumping and hopping
						Fine Motor Skills: Threading and using broken crayons
						Baking: Making anything with cake dough
	08	05 March – 09 March	05	05	Life cycle of plants	Literacy: Discuss the life cycle of our food
						Rhyme:
						Numeracy: Number sequencing
						Life Skills: Visit the EC and look at their food garden. Plant bean and maize seeds
						Art: Drawing/painting pizza, vegetables and fruits
						Perceptual Skills: OT book Lesson 7 Visual memory and visual sequential memory activities
						Gross Motor Skills: Core muscle excises
						Fine Motor Skills: Puzzles and picking beans
						Baking: No baking, away on our excursion
	09	12 March – 16 March	05	05	What other countries eat	Literacy: syllables of different countries
						Rhyme: Draw your favorite from that originates from another country
						Numeracy: Number and dot categorizing
						Life Skills: Discuss food from different countries
						Art:
						Perceptual Skills: OT book Lesson 8 Visual Motor Integration activities
						Gross Motor Skills: Jumping and hopping
						Fine Motor Skills: Threading and using broken crayons
						Baking: Making pizza and putting our favourite toppings

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Head theme	Week	Date	Days	Theme	Suggested discussions/ Activities
	10	19 March – 23 March 21 mar Human rights	04	Easter	Literacy: What is Easter all about
					Rhyme: Children, Jesus loves you He's got the whole world in His hands
					Numeracy: Count using counting blocks
					Life Skills: Read the bible verse about resurrection Chat about different religions we have in the class
					Art: Thread a basket Draw and decorate an Easter egg
					Perceptual Skills: OT book Lesson 9 Fruit dominoes
					Gross Motor Skills: Eater egg hunt
					Fine Motor Skills: Peg board
					Baking: No baking, Water play and picnic

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Term 2					
Head theme	Week	Date	Days	Theme	Suggested discussions/ Activities
World around Me	11	10 Apr – 13 Apr	04	Easter	Literacy: Sequencing our stories- Discuss what we did during the holidays
					Rhyme: Children, Jesus loves you He's got the whole world in His hands
					Numeracy: Sort out Easter eggs according to colour and size
					Life Skills: Discuss how other people around the world celebrate Eats
					Art: Easter bunny
					Perceptual Skills: OT book Lesson 10 Form constancy activities
					Gross Motor Skills: Monkey bar
					Fine Motor Skills: Threading and using broken crayons
					Baking: Making a nest
	12	16 Apr – 20 Apr 22 Apr - Earth Day	05	How to look after our Environment and save the Earth	Literacy: Discuss what we can do about global warming
					Rhyme: There's a neat little clock
					Numeracy: Shape and colour categorizing
					Life Skills: Go around the school and pick up litter
					Art: Making the Earth with recycled items
					Perceptual Skills: OT book Lesson 11 Visual closure activities
					Gross Motor Skills: Crawling and animal walks
					Fine Motor Skills: Introduce 24 piece puzzles Those that are beyond 24 (give new and challenging puzzles)
					Baking: make an apple tree with biscuit dough
	13	23 Apr – 26 Apr 27 Apr Freedom day	04	Under the sea animals	Literacy:
					Rhyme: Wash, wash, wash your hands. Wash naughty germs away
					Numeracy:
					Life Skills: Discuss why water is important, how to keep our dams, river and sea clean for the animals
					Art: Draw under the sea created with wax and paint over it with blue food colouring
					Perceptual Skills: OT book Lesson 12
					Gross Motor Skills: Jumping and hopping
					Fine Motor Skills: Buttoning
					Baking: No Baking. Friday is a public holiday

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Head theme	Week	Date	Days	Theme	Suggested discussions/ Activities
	14	02 May - 04 May Workers day	03	Jobs people do Mother's Day	Literacy: Discuss jobs people do and what their want to be when they grow up.
					Rhyme: Doctors are such caring people
					Numeracy: Shape and colour categorizing
					Life Skills: have them dramatize eg. Doctor, patient/ shop keeper, buyer
					Art: Make a stethoscope
					Perceptual Skills: OT book Lesson 13 Auditory comprehension activities
					Gross Motor Skills: Crab walk and Crawling
					Fine Motor Skills: use play dough and make equipment used for professions discussed
					Baking: Make/ Finish Mother's Day art.
	15	07 May – 11 May	05	Transport	Literacy: Discuss different kind of transportation
					Rhyme: wheels on the bus Down by the station
					Numeracy: Match transport to air/road/water worksheet
					Life Skills: Learn about air, water and land transportation
					Art: Make a hot air ballon
					Perceptual Skills: OT book Lesson 14 Memory games
					Gross Motor Skills: Midline Crossing activities
					Fine Motor Skills: Lacing
	Baking: Make a car				
	16	14 May – 18 May	05	Seasons	Literacy: Compound words for seasons
					Rhyme: I love my hat, my straw hat, I wear it all year round
					Numeracy: Count how many months within a season and rote counting
					Life Skills: Cutting material
					Art: Painting 4 trees the different seasonal colours with fingers.
					Perceptual Skills: OT book Lesson 15 Matching season with clothing item
Gross Motor Skills: Balancing and hopping on one foot					
Fine Motor Skills: finger painting					
Baking: make a winter tree					

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Head theme	Week	Date	Days	Theme	Suggested discussions/ Activities	
<b>World cup</b>	17	21 May – 25 May		Types of Sport and rules	Literacy: Discuss what the world cup is and where is it taking place.	
					Rhyme: football rocker	
					Numeracy: count players of different sports	
					Life Skills: What is a team, learn how to work as a team/group. Discuss the rules of soccer	
					Art: Different balls with faces and squiggly arms and legs	
					Perceptual Skills: OT book Lesson 16	
					Gross Motor Skills: Play soccer in the play ground	
					Fine Motor Skills: Build the tiny Lego	
	Baking: Make a ball					
	18	28 May - 01 June			Flags from countries participating in the world cup	Literacy: Learn a little bit of history about our country
						Rhyme: Nkosi sikelel iafrika
						Numeracy: count and name the colours on our flag as oppose to Zimbabwean flag/ Lesotho/Swazi
						Life Skills: Know what each colour on the flag, represents
						Art: tear and pastes colour paper on our flag
						Perceptual Skills: OT book Lesson 17 Laterality awareness activities
						Gross Motor Skills: Body awareness activities
						Fine Motor Skills: Tearing paper
	Baking: Make our flag with different icing					
	19	04 June – 08 June			African Wild Animals	Literacy: Name wild animals you know and clap to them
						Rhyme: Walking in the jungle
						Numeracy: Sorting animals/ Wild, farm and Pets
						Life Skills: Mimic the sound the animals make
						Art: Make a lion
						Perceptual Skill: OT book Lesson 18 Figure ground perception activities
Gross motor skills: Balancing on balancing Beam						
Fine Motor skills: Peg board						
Baking: Make lion using biscuits and chips						

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Head theme	Week	Date	Days	Theme	Suggested discussions/ Activities	
	20	11 June – 15 June <i>June -Youth day</i>	05	Wild animals from different continents	Literacy: Asia animals and birds	
					Rhyme: one, two, three, four, five, once I caught a fish alive Leo the lion	
					Numeracy: Matching games	
					Life Skills: Learn about habitant of each animal that we discuss	
					Art: Panda bear with paper plate	
					Perceptual Skills: OT book Lesson 19	
					Gross Motor Skills: Hop scotch	
					Fine Motor Skills: Threading using pipe cleaners and buttons	
					Baking: Make animal cookies	
					21	18 June – 21 June
	Rhyme: The owl and the pussycat					
	Numeracy: Count backwards					
	Life Skills: Learn about types of animals we find around the world					
	Art: Make a parrot with a paper plate					
	Perceptual Skills: OT book Lesson 20 Lazy eight drawing					
	Gross Motor Skills: Multiple eye-hand coordination activities					
	Fine Motor Skills: Lancing					
	Baking: Make a nest with eggs					



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## Term 3

Head theme	Week	Date	Days	Theme	Suggested discussions/ Activities
Clothing	22	17 July – 20 July	04	Clothing from around the world	Literacy: Names of clothes
					Rhyme: Oh rainbow, oh rainbow. How lovely are the colours
					Numeracy: Counting and measuring with lego
					Life Skills: What type of clothe do we wear, why do clothes get worn and what clothes to wear on special occasions.
					Art: Design your own outfit
					Perceptual Skills: OT book Lesson 21 Dominance activities
					Gross Motor Skills:
					Fine Motor Skills: trace using tin brushes
					Baking: Make a jacket with cookie dough
	23	23 July - 27 July	05	Clothing for Summer	Literacy: What happens to the tree in during summer
					Rhyme: I'm a little snowman
					Numeracy: Counting the stars at night and telling the class how many stars they saw last night
					Life Skills: Learners can bring summer clothes to show their friends
					Art: Ice cream
					Perceptual Skills: OT book Lesson 22 Spatial awareness activities
					Gross Motor Skills: Waking with a bean bag on the head
					Fine Motor Skills: Thread buttons with pipe cleaners
					Baking: Decorate and eat ice cream
	24	30 July – 3 Aug	05	Clothing for Autumn	Literacy: When does autumn start and how do I know it's autumn
					Rhyme: It's raining, it's pouring
					Numeracy: counting leaves/ green and dry leaves
					Life Skills: Which countries get snow and why
					Art: printing different kinds of leaves
					Perceptual Skills: OT book Lesson 23 Visual Closure activities
					Gross Motor Skills: Catching and throwing balls
					Fine Motor Skills: Spoon marbles
					Baking: using autumn colour in making a sweet garden

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Term 3					
Head theme	Week	Date	Days	Theme	Suggested discussions/ Activities
	25	06 Aug - 08 Aug 09 Aug - Women's day 10 Aug - School Holiday	03	Clothes for Winter	Literacy: What is winter? Why don't we get snow?
					Rhyme: Hickory dickory dock
					Numeracy: Count snowflakes
					Science: Make rain clouds using- water and shaving cream
					Art: snowman
					Perceptual Skills: OT book Lesson 24 Bear walk
					Gross Motor Skills: Walking on unstable surface
					Fine Motor Skills: Buttoning
	26	13 Aug – 17 Aug	05	Clothes for Spring	Literacy: Discuss the kind of clothes one wears during spring
					Rhyme: Old mother hubbard
					Numeracy: Use marula to count
					Life Skills: Look at trees and see what colour they are and suggest what season it is
					Art: make a human using anything from a tress
					Perceptual Skills: OT book Lesson 25 Auditory comprehension activities
Heritage	27	20 Aug – 24 Aug	05	Heritages from around the world	Literacy: What sound do you hear at the end eg, cat/ dog/pig
					Rhyme: Little blue boy
					Numeracy: do a graph on many countries speak English
					Life Skills: Learn about Asia countries and their traditions/heritage
					Art: Make a burger using recycles items
					Perceptual Skills: OT book Lesson 26 Auditory discrimination act
					Gross Motor Skills: Multiple eye-foot coordination
					Fine Motor Skills: Lacing
					Baking: Make stir-fry/Burger

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Head theme	Week	Date	Days	Theme	Suggested discussions/ Activities
South Africa and its Heritage	28	27 Aug – 31 Aug	05	My heritage	Literacy: Introducing new words in Sepedi, Afrikaans and Tsoga
					Rhyme: Segwawa Ke nna flou
					Numeracy: Counting in Sepedi
					Life Skills: Learning different languages and respecting each-others uniqueness
					Art: Make bracelet with beads
					Perceptual Skills: OT book Lesson 27 Form constancy activities
					Gross Motor Skills: Wheelbarrow with water race
					Fine Motor Skills: Threading
					Baking: Eating mopani worms
	29	03 Sep – 07 Sep	05	Neighboring countries and their heritages	Literacy: Manipulating Compound and enriching vocabulary
					Rhyme: Two little bird, sitting on a tree. In Sepedi and Shona
					Numeracy: Counting in Shona 1 -10
					Life Skills: Discuss other countries heritage and how they celebrate it
					Art: weaving
					Perceptual Skills: OT book Lesson 28 Auditory memory and sequencing activities
					Gross Motor Skills: Hop scotch
					Fine Motor Skills: weaving paper
					Baking: opposites, empty and full glass of milkshake/hot chocolate
	30	10 sep – 14 Sep	05	South Africa and its Heritage.	Literacy: Discuss our President and Currency
					Rhyme: Count in Afrikaans from 1 to 10
					Numeracy: count money
					Life Skills: Discuss our national flower, animal, bird.
					Art: Trace coins
					Perceptual Skills: OT book Lesson 29 Laterality activities
					Gross Motor Skills: wheelbarrow race
					Fine Motor Skills: Buttoning
					Baking: Make clothes with icing sugar and use smarties for buttons...



# Grade 00 Year plan 2018

Term 4					
Head theme	Week	Date	Days	Theme	Suggested discussions/ Activities
Homes	32	09 Oct – 12 Oct	04	My home	Literacy: Time2read app
					Rhyme: Hey diddle, diddle
					Numeracy: Sort out shapes
					Life Skills: discuss wat kind of houses we all live in, who builds our house, what material is needed to build our house.
					Art: Use shapes to make a house
					Perceptual Skills: OT book Lesson 31 Visual memory and Visual sequential memory activities
					Gross Motor Skills: Walk around shapes, form shapes with our bodies
					Fine Motor Skills: Play the piano with our fingers and do finger excisizes
					Baking: Make a house with store bought biscuits
	33	15 Oct – 19 Oct	05	Different homes	Literacy: Clap to appliances in the house
					Rhyme: Lucy locket
					Numeracy: do a graph of all the learners who have eg. an iron, tv, spatula, spade, garage at home
Life Skills: Discuss the different houses they know and what each house is made with					
Art: Make a tin house using foil					
Perceptual Skills: OT book Lesson 32 Visual motor integration activities					
Gross Motor Skills: Lets crawl under the table, stand on your chair					
Fine Motor Skills: Use pegs to pick up pom poms					
Baking: Make a using fruits cut in different shapes					
34	22 Oct – 26 Oct	05	Homes from other countries	Literacy: Introducing new words, enrich vocabulary	
				Rhyme: London bridge is falling down	
				Numeracy: Rote counting, while crossing midline to 50	
				Life Skills: discussing what appliances we have and how to use them	
				Art: Make a straw house	
				Perceptual Skills: OT book Lesson 33	
				Gross Motor Skills: Bal-a-vis-x	
				Fine Motor Skills: Tear paper	
				Baking: Make an igloo using marie biscuits and white frosting	

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Term 4					
Head theme	Week	Date	Days	Theme	Suggested discussions/ Activities
Dinosaurs	35	29 Oct – 02 Nov	05	What are dinosaurs	Literacy: History of dinosaurs, discuss reptiles.
					Rhyme: I'd like to a dinosaur, dinosaur, dinosaur
					Numeracy: Matching front of dinosaur to its back
					Life Skills: What does the word 'extinct' mean What other animals are prone to extinction
					Art: Fossil with clay and bake it
					Perceptual Skills: OT book Lesson 34 Visual Closure activities
					Gross Motor Skills: Walk like a stegosaurus/ t rex
					Fine Motor Skills: Colouring, cutting and pasting
					Baking: make your own dinosaur with biscuit dough
	36	0 5 Nov – 9 Nov	05	Carnivore dinosaurs	Literacy: Time2read app
					Rhyme: Oh! do you know the stegosaurus
					Numeracy: Count the dinosaurs in the bucket
					Life Skills: What is a carnivore? Which dinosaurs were meat eaters?
					Art: Draw a meat-eating dinosaur with was and use food colouring over it.
					Perceptual Skills: OT book Lesson 35 Auditory discrimination
					Gross Motor Skills: Dinosaur walk
					Fine Motor Skills: Make a necklace with buttons for your favourite dinosaur
					Baking: make a t rex
	37	12 Nov – 16 Nov	05	Herbivore dinosaurs	Literacy: chunking dinosaur names
					Rhyme: the dinosaurs go marching one by one, hooray, hooray
					Numeracy: Sorting meat eats and plant eaters
					Life Skills: discuss which dinosaurs were plant eaters
					Art: Make a triceratops mask
					Perceptual Skills: OT book Lesson 36 Figure-ground perception activities
					Gross Motor Skills: Run around and listen to the whistle, then stop and run again
					Fine Motor Skills: Match stick board
					Baking: make a stegosaurus using different kind of store bought biscuits

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Head theme	Week	Date	Days	Theme	Suggested discussions/ Activities
Christmas Around The world	38	19 Nov – 23 Nov	05	Christmas decorations	Literacy: Read the Christmas story and discuss why we celebrate Christmas
					Rhyme: Two little candy canes
					Numeracy: Counting backwards from 10
					Life Skills: Talk about Jesus' birthday and what is the role of Santa.
					Art: Christmas decorations
					Perceptual Skills: OT book Lesson 37 Form constancy activities
					Gross Motor Skills: Walk like a reindeer or Santa's helpers
					Fine Motor Skills: Make a sleigh using play dough
					Baking: Make a Christmas tree using green frosting
	39	26 Nov – 30 Nov	05	The importance of giving	Literacy: Manipulate compound words relating to Christmas
					Rhyme: Jingle bell
					Numeracy: Rote counting to 50
					Life Skills: Discuss why we need to give items/toys we don't use anymore.
					Art: Make Santa's hat
					Perceptual Skills: OT book Lesson 38 and 39
					Gross Motor Skills: Jump on the trampoline
	40	03 Dec – 05 Dec	03	Christmas food	Literacy: Compound and syllable Christmas words
					Rhyme: We wish you're a merry Christmas
					Numeracy: Revising on all we did
					Life Skills: Discuss types of food, enjoyed during Christmas time
					Art: Paint Santa and his reindeers
					Perceptual Skills: OT book Lesson 40
					Gross Motor Skills: Obstacle course
					Fine Motor Skills: Threading small beads
Baking: No Baking!					

# Grade 00 Year plan 2018

Term	Teachers Return	School Begins	School Ends	No: of weeks	Mid-term break
1	Friday 12 January 2018	<b>Wednesday</b> <b>17 January</b>	Friday 23 March	10 weeks	<b>Monday</b> <b>26 February</b>
2	Monday 09 April 2018	<b>Tuesday</b> <b>10 April</b>	Thursday 21 June	11 Weeks	<b>Freedom/Workers day</b> <b>27 Apr – 1 May</b>
3	Monday 16 July 2018	<b>Tuesday</b> <b>17 July</b>	Thursday 20 September	10 Weeks	<b>Woman's Day Weekend</b> <b>09 Aug – 12 Aug</b>
4	Monday 09 October 2018	<b>Tuesday</b> <b>10 October</b>	Wednesday 05 December	9 weeks	